

# Heart Curriculum Overview



## What will your child study during Year 7?

### Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Reflective learners</b>	<b>Self-managers</b>	<b>Creative thinkers</b>	<b>Effective participators</b>	<b>Independent enquirers</b>	<b>Team workers</b>
Thinking and Learning Skills	Manage change/ transition Set goals & establish priorities Speak/listen effectively Work with teachers and peers Use feedback	Manage time Organize self, space, bag Understand effort Manage worry and stress Compromise Be flexible	Read for understanding & pleasure Understand how to take notes Express opinion Ask questions Generate ideas	Write essays/ proof read Develop revision skills Prepare for presentations Identify ways to improve	Develop critical thinking skills Develop problem solving skills Develop research skills Analyse and evaluate information Develop coaching skills	Develop leadership Learn how to create consensus/team work Learn how to adapt behaviours Take responsibility
Emotional Intelligence and Wellbeing Development	Self responsibility Respect Optimism Resilience	Motivation Manage emotions Empathy Communication Taking risks	Equality Democracy Self-awareness	View points Listening Practice Body language Happiness	Curiosity Creativity Independence Resilience	Openness Positivity Adaptability Social responsibility