

Sports & Active Leisure Qualifications & Pathways



Course Title	BTEC Level 1 Sport and Active Leisure (QCF)
Exam Board	Person
GCSE Equivalent	1 x GCSE D-G
Assessment Breakdown	Internal based assessment. Portfolio of evidence.
Course Outline	<p>This course introduces students to fitness, health and also jobs within the fitness industry.</p> <p>Students can choose which Units they want to complete in order to meet the criteria.</p> <p>Evidence is gathered through research, written tasks and completing practical activities.</p> <p>Units include: How the body works; Assisting in sports events; and Planning own fitness programme.</p> <p>There is no final exam, all assessments are completed in school.</p>
Progression Routes to Further Education/ Training	<p>Skills that students will develop...</p> <p>An understanding of personal fitness and how to stay healthy</p> <p>How to coordinate and run sporting events</p> <p>Independent work skills</p>
Progression Routes to Employment	<p>Sports coaching</p> <p>Working in a gym/fitness centre</p>