

# Physical Education Key Stage 4 Overview



## What will your child study at Key Stage 4 (Years 10-11)?

Year	Autumn		Spring		Summer	
<b>10 &amp; 11 Girls</b>	Outwitting Opponents (Invasion)	Outwitting Opponents Exercising Safely & Effectively	Accurate Replication (Trampolining)	Exercising Safely & Effectively Outwitting Opponents (Invasion)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics)
<b>10 &amp; 11 Boys</b>	Outwitting Opponents (Invasion)	Outwitting Opponents Exercising Safely & Effectively	Outwitting Opponents Exercising Safely & Effectively	Exercising Safely & Effectively	Outwitting Opponents (Invasion) Outwitting Opponents (Striking & Fielding)	Performing at Max. Levels Exercising Safely & Effectively