

Physical Education

Key Stage 3 Overview



What will your child study at Key Stage 3 (Years 7-9)?

Year	Autumn		Spring		Summer	
7 Girls	Outwitting Opponents Leadership (Invasion) Performing at Max. Levels (Indoor Athletics)	Outwitting Opponents Leadership (Invasion) Exercising Safely & Effectively	Accurate Replication (Trampolining) Accurate Replication (Gymnastics)	Exercising Safely & Effectively Outwitting Opponents (Invasion) Exploring & Communicating (Dance)	Outwitting Opponents (Invasion/ St & Fielding) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)
7 Boys	Outwitting Opponents Leadership (Invasion) Performing at Max. Levels (Indoor Athletics)	Outwitting Opponents Leadership (Invasion) Exercising Safely & Effectively	Accurate Replication (Trampolining) Accurate Replication (Gymnastics)	Exercising Safely & Effectively Outwitting Opponents (Invasion) Exploring & Communicating	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)
8 Girls	Outwitting Opponents (Invasion) Performing at Max. Levels (Indoor Athletics)	Outwitting Opponents (Invasion) Exercising Safely & Effectively	Accurate Replication (Trampolining) Accurate Replication (Gymnastics)	Exercising Safely & Effectively Outwitting Opponents (Hockey)	Exploring & Communicating (Dance) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics) Identifying & Solving Problems (OAA)
8 Boys	Outwitting Opponents (Invasion) Performing at Max. Levels (Indoor Athletics)	Outwitting Opponents (Invasion) Exercising Safely & Effectively	Accurate Replication (Trampolining) Accurate Replication (Gymnastics)	Exercising Safely & Effectively Performing at Max. Levels (Indoor Athletics)	Outwitting Opponents (Striking & Fielding) Identifying & Solving Problems (OAA)	Outwitting Opponents (Striking & Fielding) Performing at Max. Levels (Athletics)

9 Girls	Outwitting Opponents (Invasion)	Outwitting Opponents	Accurate Replication (Trampolining)	Exercising Safely & Effectively	Exploring & Communicating (Dance)	Outwitting Opponents (Striking & Fielding)
	Performing at Max. Levels (Indoor Athletics)	Exercising Safely & Effectively	Accurate Replication (Gymnastics)	Outwitting Opponents (Invasion)	Outwitting Opponents (Striking & Fielding)	Performing at Max. Levels (Athletics)
9 Boys	Outwitting Opponents (Invasion)	Outwitting Opponents	Identifying & Solving Problems (OAA)	Exercising Safely & Effectively	Performing at Max. Levels (Athletics)	Identifying & Solving Problems (OAA)
	Performing at Max. Levels (Indoor Athletics)	Exercising Safely & Effectively	Accurate Replication (Gymnastics / Trampolining)	Performing at Max. Levels (Athletics)	Outwitting Opponents (Invasion)	Performing at Max. Levels
						Exercising Safely & Effectively
						Identifying & Solving Problems (OAA)